



Lecturing from the President Byeong
in the light of
Ministry, Philosophy, and Leadership of Dr. Melvin
(Number 35)



Mindset

Dear students,

There are two kinds of Mindset: Fixed mindset and Growth mindset. Actually this terminology was named by Dr. Carol Dweck, psychology professor at Stanford University, who wrote the book "Mindset: the New Psychology of Success" (@ 2006, 2016). Its main concept was that everything depends on our mind-set, e.g., how we think of what we are.

After decades of research, Stanford University psychologist Carol S. Dweck, discovered a simple but groundbreaking idea: the power of mindset. In that book, she shows how success in school, work, sports, the arts, and almost every area of human endeavor can be dramatically influenced by how we think about our talents and abilities. People with a fixed mindset — those who believe that abilities are fixed — are less likely to flourish than those with a growth mindset — those who believe that abilities can be developed.

She studied many students at Stanford University and found from them two kinds of students: One group only believed their intellect, so they were excellent students once they came into Stanford. Another group was those students who were really ordinary, especially intellectually, and so on.

She found interest in her graduate classes. Once they entered University, mostly intellectual students, we may call it IQ (intelligence quotient), they were the heading group...but ironically...another group of students coming up to be the leading group, those who were second level students.

Because as times going, the first group those who were excellent intellectually were shrinking slowly, and after all they were in the less level at their classroom, but the second group of students were tried hard to overcome their short-coming, so they were growing and growing, and at last they become the leading group in the same classroom.

Later on Dr. Carol found that the intellectual students believe in their high level too much so they only rely on that, she called it Fixed Mindset, and found the second level of students have studied very hard because they thought only to try themselves is the way to get away from the inferior level. She named it Growth Mindset.

That's why Carol concluded the MIND-SET is really important for our personal lives. As you read the whole of her book, nearly most of them are talking about mindset. I never used the term 'mindset' in the past, but actually all things depend on our mindset, isn't it? I hope you read the book and think of it in relation to the concept of mindset which Carol said.

I am not saying that all of us should be stupid, but what I am saying is that we need to try and through trials and errors, we can grow more and more.

Dear students,

Are you still only believing in yourself, your intelligence? Is that all?

To be born with higher intelligence, or the highest intelligence is actually no problem at all. That's Grace. Period. The matter is how we have our mindset. How & what to think is important for our daily life and to decide for our future as well.

Weekly Axiom

*Nothing is given to you. Everything is earned.
You have to have that mindset that you have to work every single day.
Learn every single day.
(Saquon Barkley)*