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Melvin University
and Me

Why can't we just decide?

We have things that keep falling sideways in the direction decided, sometimes jokingly expressing "I fell into Samcheonpo." which means traced to the third way. But the factors that make us go sideways are: 1) from within ourselves; 2) from relationships with others; 3) from the outside world. Anyway, the key will be how to get it back on track. In my case, I sometimes go grocery shopping with our university staffs at a downtown supermarket and buy some wrong things.

When we enter the supermarket, unexpected items are displayed at the entrance. Whether it is, when people who work in the store say "new products" or "we're only on sale today!" we're often tempted. We also often go to buy genuine products and buy fake ones. It's cheap, it's favored by many, and it seems real. In the case of luxury brands, we want to show off to others. For example, the original product is \$7,000. If they say that goods are \$100 there, we buy them because we want to buy them. It means that we feel the so-called self-signal.

However, there are often cases where we regret it and throw it away shortly after you buy it. In my case, I bought shoes on the Internet because they looked cool and cheap. I was quite pleased when I received it. It bragged about it to others, too. But after wearing it for a day, I found out that there was a problem. I wore it once or twice, and the top of the shoe was split. "It's cheap, isn't it?" It struck me that.

We sometimes act differently than we thought. In other words, there are

times when thoughts and actions are different. Therefore, I think it is important to continue to develop what we initially thought. If you have thought and decided enough, it is necessary to keep developing and sticking to it. Even if it was a very clear plan, we should continue to check the progress.

It is said that when we make a plan and implement it, we should pay attention to the following eight principles.*

1. We need to look at ourselves again. Sometimes we tend to be too sure of our own views or views to listen to others. When you are about to fall to the side, listen to a third party's opinion.

2. Don't just rely on emotional decisions. This may lead to an inaccurate conclusion. That is why it overshadows the original decision.

3. It is necessary to broaden your perspective. We often narrow our horizons and focus only on what's in front of us, so we don't see anything big.

4. You should be careful when you have social gatherings of similar people. Sometimes we gather due to so-called school ties and geographical ties, and it's good to gather like that, but as the saying goes, "We go to Kangnam with a friend," our decisions are sometimes scattered there.

5. We need to check the general approach we hear. Things like general views and general comparisons in our decisions and implementations cloud our direction. So we have to maintain our conviction, checking ourselves out why I'm going to do this.

6. Another thing we need to look at is why other people react so to my decision. If they make such a proposal for me, considering all sorts of circumstances, they need to reconsider.

7. According to that, we can react differently. A simple other approach can sometimes come with a very big reward.

8. Our decisions and progress should shine more and more not only on ourselves but also on others. Just as the dark room brightens up when we enter, our decisions, our will, and our philosophy must shine and stand out more and more.

* Referenced book: *Sidetracked: Why Our Decisions Get Derailed, and How We Can Stick to the Plan* (by Francesca Gino © 2013, p. 202-203)