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Melvin University  
and Me

## Learning from mistakes

You don't have to suffer on purpose, you don't have to make mistakes on purpose. But who in the world doesn't make mistakes? So, wouldn't the word "mistake" have occurred? We know that we make mistakes. We don't know at the time, but later on, we realize that it was a mistake. Mistakes in words, mistakes in human relationships, mistakes in teaching, mistakes in attitudes, mistakes in relatives, mistakes in families, mistakes in children. Mistakes to parents. Now that I think about it, I also did something wrong to my parents. It was a mistake in words at the time, but looking back, I made a mistake. They also make mistakes when they were young, in middle age, and even in old age as well.

When we are young, mistakes can affect our present lives. Recognizing and paying for them is a burden and a risk. It is true that acknowledging and accepting mistakes will make us smarter, healthier mentally, and beneficial to all aspects of our lives. It seems that acknowledging mistakes is a top priority. If it is not admitted, the next step will not proceed, so it is essential to admit it. If you were not admit it, that is, if you don't admit it, it could be another mistake in itself.

Then why can't we admit the mistake? It's probably because of concerns and fears about how to deal with it after admit. In other words, it's probably because of the social perception that if you make a mistake, you have to pay the price.

So when you make a mistake, two things come to us realistically. One is that

we admit our mistakes and learn something from them, and the other is that we have to pay for them. The tension between these two things, this may be frightening.

Moreover, I think there are many cases of mistakes when we are in another culture. In my case, when I first came to Kenya, I made a lot of mistakes. When I think about it now, I did it because I thought it was natural at the time and that my words or actions were clearly justified, but now I think they are mistakes. There were many mistakes, such as yelling at the school staff, working for the school, and being mean to the residents of the neighborhood, and it was also because I was not accustomed to the culture because it was my first time.